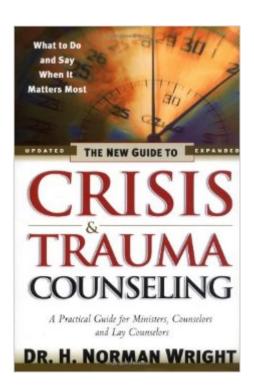
## The book was found

# The New Guide To Crisis And Trauma Counseling





### Synopsis

An informative and practical guide for beginning or lay counselors and those in situations that require immediate action in emergency situations. This relaunch of Crisis Counseling is upgraded and expanded, with new material and anecdotes in chapters that cover the areas of crisis intervention, how to counsel the depressed, the suicidal, and those going through divorce, children and adolescents crisis, and more. This classic volume on the trauma of loss and grief provides excellent instruction on what to do for others in the first 72 hours following a crisis for those who are helpless to help themselves.

#### **Book Information**

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#### Customer Reviews

I was so impressed with Dr. Wright's Trauma and Crisis Counseling. I am a counselor and I also recently lost one of my sons. I have purchased a number of books on the topic of Christian counseling. Norman Wright's book is the best. The pointed descriptions of crisis, trauma and loss contained in the book could have only been penned by a writer who has been there. Dr. wright clearly has! His uncensored, honest description of crisis, trauma and grief unencunbered by mispoken biblical rhetoric that pushes you to "get over it and be happy," helped to make me a better Christian counselor. At the same time, Wright is biblical knowledgeable and generously shares compassionate scripture that may speak to your authentic, deep sorrow and even spiritual doubts. I found this honesty to be a source of comfort and an unexpected path back to my faith which I felt like I was losing.

Dr. Norman Write has again produced a book as comprehensive as any college level text book on dealing with life and death crisis. This book is of special interest to first responder peer support teams, chaplains, hospital crisis teams and others who deal with death and other traumatic circumstances. I especially appreciate the special consideration given to children, adolescents, and Biblical principles.

I have read a plethora of counseling books (both secular and Nouthetic) on my way to my Doctorate in counseling. If someone were to ask me "what one book gave me the most practical insight and was most inspiring?" I would say Dr. Wright's Crisis and Trauma. In this wonderful volume he gives the reader a down-to-earth guide that exudes feeling and sensitivity on how to deal with the main reason anyone comes into our offices: Distress--a trauma that has interrupted their normal way of thinking and doing. Albeit, not everyone who shows up in the waiting room is a survivor of a terrible crisis but in most cases they need the sensitivity and practical approach that Dr. Wright offers. I would use this book as a manual or as the "Bible on Crises counseling" if you will.

I found this book to be very informative. Though not an exhaustive treatment of crisis cases the coverage is adequate and the author is easy to read and understand. Gives you a basic understanding and points you in a scriptural direction for helping those involved in crises.

An excellent spiritual book filled with crisis counseling stories, tips, and techniques depicting how to help others (and yourself) in recovering from loss and/or abuse of any kind. Scripture can be found through out the book but it's not shoved down your throat (in case you are not into that kind of thing). It's used quite eloquently at just the right places in the book that compliment the author's research, writings, and thoughts. The Grief Stages are covered in depth, "What is Death?", "Fear of Death", "Suicide", "Anger", and "Fear" are examples of explored topics, "Trauma and the Neurological and Psychological Effects" are examined, and even Recovery Goals are listed to help the Grieving move toward a path to recovery. I was personally touched by the author's suggestion of how to counsel children through the death of a parent. He even includes a sample dialogue of the exact words to use in conversation with the affected child and how to prepare for their emotional responses. An excellent book on critical incidence all around. I wish everyone could read this!

This is one of the best counseling books I have read. It has helped me view crisis and trauma from a

different perspective. I highly recommend it.

This is a text required for a doctoral program at Andersonville Seminary. It is very detailed and filled with questions relevant to the ways in which we can perceive situations and relate but not necessarily have a clear pathway to helping someone in a crisis. It is interesting to learn of persons who are trained and ready to meet the needs of those who are faced with challenges and offer healing for the body and soul. Reading is very clear and easy to navigate.

This book is written for Christian counselors who are faced with helping people in crisis. The author shares stories from his own counseling office that helps the novice understand how unpredictable crisis work can be and the importance of quick thinking. The information on grief was very helpful. The book offers a wonderful diagram on the jumbled emotions of a personal experiencing grief.

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